

# The Kinder Garden



## Water Bottle Policy

### Aim

In the interest of the safety and well being of the children, educators/staff, and families at **<insert centre name>** it is essential to have adequate procedures and policies in place to secure safe food handling and hygiene practices that meet Work Health and Safety Standards, and current Food Safety Standards.

### Legislative Requirements

Education and Care Services National Law Act 2010  
Education and Care Services National Regulations 2011  
National Quality Standards 2011  
Food Standards Australia New Zealand  
Food Safety Standard Australia New Zealand  
Food Act 2003 (NSW)  
Food Regulation 2010 (NSW)

### Who is affected by this policy?

Children  
Families  
Staff  
Educators  
Management  
Visitors

### Implementation

As per our Nutrition Policy, we encourage children to drink water freely throughout the day. Water is vital for our bodies to function and to maintain good health. As infants and children can become dehydrated very quickly we encourage lots of water drinking and provide regular access to the children's individual drinking bottles throughout the daily routine, with educators/staff regularly refilling and refreshing water within the bottles.

Educators/staff will monitor fluid intake of children and will encourage them to drink throughout the day. We offer sterile water bottles as spares for children who do not have their own bottle on site. Within each room there are jugs of clean, cool drinking water for which to refill each child's bottles throughout the day.

We encourage families to bring in a water bottle for their child each day. It is essential that the water bottle be labeled clearly and that the bottle be suitable for their child's developmental abilities.

Water bottles will be placed into a room trolley each day to allow access of water throughout the centre.

Water bottles will be taken home each day to be cleaned. All water bottles left behind will be cleaned at the centre.

Regular discussions will take place with the children about water bottle hygiene and the importance of not sharing drinking bottles.

**The Approved Provider/Nominated Supervisor will ensure that this policy is maintained and implemented at all times.**

### Sources

Education and Care Services National Law Act 2010  
Education and Care Services National Regulations 2011  
Guide to the National Quality Standard 2011  
Staying Healthy In Child Care, 5<sup>th</sup> Edition  
NSW Health [www.health.nsw.gov.au](http://www.health.nsw.gov.au)

## Review

The policy will be reviewed annually. Review will be conducted by management, employees, parents and any interested parties.

**Reviewed:** January 2018

**Date for next review:** January 2019