

The Kinder Garden



Hand Washing Policy

Aim

The Kinder Garden aims to promote a healthy environment in which children will grow and learn about the world around them. The application of preventative measures such as hand washing will be an effective way of preventing the spread of infection.

Legislative Requirements

Education and Care Services National Law Act 2010
Education and Care Services National Regulations 2011
National Quality Standards 2011
Work Health and Safety Act 2011
Work Health and Safety Regulations 2011

Who is affected by this policy?

Children
Staff
Educator
Families
Visitors
Management

Implementation

The Kinder Garden will ensure safe, well maintained age appropriate basins are available for washing hands.

The Service will provide **single use paper towels or automatic dryers** for the drying of hands.

Liquid Soap will be available for children, visitors and educators/staff at the service.

Hand washing is considered to be the most effective way of controlling infection in the service. Educators/staff, children and visitors should wash their hands:

- On arrival at the centre.
- Before and after eating or handling food.
- Before preparing or cooking food.
- Before and after changing a nappy, or checking a nappy to see if it soiled.
- After going to the toilet.
- After cleaning up or contact with urine, faeces, vomit, blood or other bodily fluids.
- After giving first aid or cardiopulmonary resuscitation (CPR).
- After wiping nose or contact with nasal or salivary secretions.
- Before and after giving a child medication.
- After playing outside or in a sandpit or wading pool.
- After patting or touching animals or pets (including fish, birds, reptiles).
- Before leaving the centre.

All children, educators/staff and visitors to the service will wash their hands as follows:

- Wash hands using liquid soap and running water.
- Rub hands vigorously.
- Wash hands all over, making sure to include backs of hands, wrists, between fingers, and under finger nails. (This process should take as long as singing "Happy Birthday" twice).
- Rinse hands well.
- Turn tap off using a paper towel if required (with majority of taps having auto-off triggers)
- Dry hands with **single use paper towel or automatic dryer**.

Posters showing how to wash your hands will be displayed at all hand washing areas. Educators/staff are to read and follow the instructions at all times.

The Approved Provider/Nominated Supervisor will ensure that this policy is maintained and implemented at all times.

Sources

Guide to National Quality Standard 2011

Staying Healthy in Child Care - 5th Edition

WorkCover NSW www.workcover.nsw.gov.au Retrieved 22nd February 2017

NSW Food Authority www.foodauthority.nsw.gov.au Retrieved 22nd February 2017

Better Health Channel www.betterhealth.vic.gov.au Retrieved 22nd February 2017

Food Safety Standards www.foodstandards.gov.au Retrieved 22nd February 2017

Review

The policy will be reviewed annually. Review will be conducted by management, employees, parents and any interested parties.

Reviewed: February 2017

Date for next review: February 2018